



Cybersecurity for Telehealth Designer Security

Checklist for Today

- Purchase and install a webcam cover
- Review/Update your Employee Handbook
- Review/Update your Notice of Privacy Practices
- Create a Telehealth Consent Form for patients
- Confirm/Obtain a BAA with telehealth providers
- Install the latest updates for all software and devices
- Update and run an antivirus scan

Every 30 days, check the security of your telehealth services:

- Is your software up to date?
- Are user accounts accurate and authorized?
- Is ePHI backed up and encrypted?
- Any unusual or anomalous activity in system logs?

Further Reading

- **Telemedicine, privacy, and information security in the age of COVID-19**, M. Jalali, A. Landman, W. Gordon, JAMIA, <https://academic.oup.com/jamia/advance-article/doi/10.1093/jamia/ocaa310/6039104>
- **Cybersecurity in Medical Private Practice: Results of a Survey in Audiology**, J. Dykstra, R. Mathur, A Spoor. 2020 IEEE 6th International Conference on Collaboration and Internet Computing, <https://designersecurity.com/SurveyPaper2020>
- **American Medical Association**
<https://www.ama-assn.org/topics/telehealth>
- **Health and Human Services**
<https://www.hhs.gov/hipaa/for-professionals/faq/telehealth/>